

# VIRTUAL SKILLS CLINIC

## **ABOUT LTSB**

Leadership Through Sport & Business is a social mobility charity that prepares and supports bright young people from disadvantaged backgrounds into meaningful roles with major firms. We make sure those at risk of under-employment find careers equal to their ambition and ability, and can contribute from their first day on the job.

### **PROJECT DESCRIPTION**

The Virtual Skills Clinic was created to continue the support and development of the young people on our programme in an effective way. Professional volunteers running these sessions provide our young people with positive role models, broadens their professional network and offers them a chance to develop new and existing skills.

Volunteers will not need to have any prior knowledge or training. All volunteers will receive comprehensive lesson plans that they will follow during the coaching session.

All sessions will last 30 mins. These sessions are one-off but you can sign up to as many sessions as you have the capacity for.

## **STEPS TO BECOMING A SKILLS CLINIC COACH**

- Register your interest
- Fill in survey stating your availability
- Attend online training session
- Be matched with young person
- Run an online skills coaching session
- Fill in feedback form

#### **TRAINING SESSION**

- Introduction to LTSB
- Run through of session guides
- Top Tips
- Safeguarding

#### **HOW TO SIGN UP**

PLEASE COMPLETE THIS FORM



