



## Central West BCU Partner, Business, and Stakeholder Update

### Coronavirus – Local Update 45

6<sup>TH</sup> MAY 2020

#### Current overview (subject to change or variation):

- The Government's stay at home guidance and restrictions remain in place. This does not change the approach the Met has been taking across London.
- If someone is out and about and we do have some questions as to why they might be there, we will talk to them, we will engage, explain and encourage them to go home. Enforcement has always been, and remains an absolute last resort.
- We continue to ask the public to consider whether their journey is essential. We all have a shared responsibility to protect the NHS and we ask the public to apply their common sense. Unless necessary, stay home, protect the NHS, save lives.
- The vast majority of people are following the Government regulations and we're really grateful to our communities for doing so. However, there is a small minority of people who despite every effort to engage, explain and encourage are refusing to following instructions. In these rare cases officers have used their new powers to protect the NHS and keep people safe.
- The Met is a large and resilient organisation, and is in great shape. Against a backdrop of falling demand we remain absolutely determined to focus on protecting the public and supporting the health authorities.
- Officers continue to bear down on crime, especially violence, across the Capital. They are highly visible on the streets and open spaces, and are continuing to respond to urgent calls for assistance. We are here for London.

#### Advice to stakeholders, organisations, and businesses in Central London

Please follow the advice issued by HM Government and Public Health England, found at [nhs.uk/coronavirus](https://nhs.uk/coronavirus).

As of 1400hrs, 6<sup>th</sup> May 2020 the advice is:

#### **STAY AT HOME TO STOP CORONAVIRUS SPREADING**

- **EVERYONE** must stay at home to help stop the spread of coronavirus. This is called social distancing.
- You should only leave the house for 1 of **4 reasons**:
  - **Shopping for basic** necessities, for example food and medicine, which must be as infrequent as possible
  - **One form of exercise a day**, for example a run, walk, or cycle – alone or with members of your household
  - **Any medical need**, including to donate blood, avoid or escape risk of injury or harm, or to provide care or to help a vulnerable person
  - **Travelling for work purposes**, but only where you cannot work from home

#### Important

**These reasons are EXCEPTIONS** – even when doing these activities, you should be minimising time spent outside of the home and ensuring you are 2 metres (3 steps) away from anyone outside of your household.

While everyone is being told to stay at home, it can be hard to know what to do if you're unwell.

- For help from a GP – use your GP surgery's website, use an online service or app, or call the surgery.
- For urgent medical help – use the NHS 111 online service, or call 111 if you're unable to get help online.
- For life-threatening emergencies – call 999 for an ambulance.

**If you're advised to go to hospital, it's important to go.**

If you have symptoms of coronavirus (a high temperature or a new, continuous cough), use the [111 Coronavirus service](#)

Information on HM Government's response can be found [on this link](#).

Guidance for guidance for employees, employers and businesses can be found [on this link](#).

Guidance on staying at home and away from others (social distancing) [on this link](#).

Guidance for households with possible coronavirus (COVID-19) infection, can be found [on this link](#).



[@metpoliceuk](#) on the day for up to date police information across London.

[@PHEuk](#) and [@DHSCgovuk](#) for latest information from Public Health England and Department for Health and Social Care, respectively.