



Central West BCU Partner, Business, and Stakeholder Update

Coronavirus – Local Update 53

29TH M A Y 2020

Current overview (subject to change or variation):

- Government restrictions to control the spread of Coronavirus remain in place, but a number have recently been eased slightly.
- The collective public effort over the past two months has meant police officers have only rarely had to step in to enforce regulations and even less so in the past few weeks.
- We are confident the vast majority will continue to act responsibly. As many of us will now be able to spend even more time away from home, undertake more activities and meet up with more people than before, we each need to take responsibility for doing that within the regulations - and also follow the guidance which will help reduce the spread of the virus.
- Our aim is to continue to encourage and support our communities to comply with the regulations and keep everyone as safe as possible. We will enforce the law but will continue to use our 4E approach of engaging, explaining, encouraging and only enforcing as a last resort.
- The Met is a large and resilient organisation, and is in great shape. Against a backdrop of reduce demand we remain absolutely determined to focus on protecting the public and supporting the health authorities.
- Officers continue to bear down on crime, especially violence, across the Capital. They are highly visible on the streets and open spaces, and are continuing to respond to urgent calls for assistance. We are here for London.

Advice to stakeholders, organisations, and businesses in Central London

Please follow the advice issued by HM Government and Public Health England, found at nhs.uk/coronavirus.

As of 1400hrs, 29th May 2020 the advice is:

STAY ALERT, CONTROL THE VIRUS, SAVE LIVES

People and employers should stay safe in public spaces and workplaces by following “Working Safely During Coronavirus (COVID-19)” guidelines [link](#). This should enable more people to go back to work, where they cannot work from home, and encourage more vulnerable children and the children of critical workers to go to school or childcare as already permitted.

You should stay alert when you leave home [link](#): washing your hands regularly, maintaining social distancing, and ensuring you do not gather in groups of more than two, except with members of your household or for other specific exceptions set out in law.

You must continue to stay home unless necessary to go out for specific reasons set out in law, but - in line with scientific advice - can take part in more outdoor activities.

It is still very important that people **STAY HOME**. Reasons of necessity include:

- for work, if you cannot work from home;
- going to shops to get things like food and medicine, or collect things you have ordered;
- to exercise or spend time outdoors;
- for any medical reason, to donate blood, avoid injury or illness, escape risk of harm, provide care or help a vulnerable person.

When outside your home, it's important to try to stay 2 metres (3 steps) away from anyone you do not live with.

While everyone is being told to stay at home, it can be hard to know what to do **if you're unwell**.

- For help from a GP – use your GP surgery's website, use an online service or app, or call the surgery.
- For urgent medical help – use the NHS 111 online service, or call 111 if you're unable to get help online.
- For life-threatening emergencies – call 999 for an ambulance.

If you're advised to go to hospital, it's important to go.

If you have symptoms of coronavirus (a high temperature or a new, continuous cough), use the [111 Coronavirus service](#). You can also ask for a test to check if you have the virus by clicking on [this link](#).

Information on HM Government's response can be found [on this link](#).

Guidance to help employers, employees and the self-employed understand how to work safely, can be found [on this link](#).

Guidance on Staying alert and safe (social distancing) [on this link](#)

Guidance for households with possible coronavirus (COVID-19) infection, can be found [on this link](#).

[@metpoliceuk](#) on the day for up to date police information across London.



[@PHEuk](#) and [@DHSCgovuk](#) for latest information from Public Health England and Department for Health and Social Care, respectively.