



Central West BCU Partner, Business, and Stakeholder Update

Coronavirus – Local Update 66

17TH JULY 2020

Current overview (subject to change or variation):

- As we look ahead to further relaxation of Government restrictions to control the spread of Coronavirus, we would remind people there are still restrictions in place - even if they have been relaxed significantly since their introduction.
- With new cases of COVID-19 continuing to occur every day in London we still need everyone to continue to act responsibly, maintain social distancing and protect themselves and their families by following the Government regulations and guidance which will help reduce the spread of the virus.
- Our aim is to continue to encourage and support communities to comply with the regulations. We will continue to use our 4E approach of engaging, explaining, encouraging and only enforcing as a last resort.

Advice to stakeholders, organisations, and businesses in Central London

Please follow the advice issued by HM Government and Public Health England, found at nhs.uk/coronavirus.

As of 1530hrs, 17th July 2020 the advice is:

STAY ALERT, CONTROL THE VIRUS, SAVE LIVES

People and employers should stay safe in public spaces and workplaces by following "Working Safely During Coronavirus (COVID-19)" guidelines [link](#). This should enable more people to go back to work, where they cannot work from home, and encourage more vulnerable children and the children of critical workers to go to school or childcare as already permitted.

STAY ALERT

We can all help control the virus if we all stay alert. This means you must:

- stay at home as much as possible
- work from home if you can
- limit contact with other people
- keep your distance if you go out (2 metres apart where possible)
- wash your hands regularly

Do not leave home if you or anyone in your household has symptoms.

When outside your home, it's important to maintain social distancing at all times from people you do not live with, staying 2 metres (3 steps) apart where possible, to reduce the risk of spreading the virus. You should only have close contact with people outside of your household if you are in a support bubble with them. Find out more about [meeting people from outside your household on GOV.UK](#)

You must [wear a face covering](#) at all times on **public transport** or when **attending a hospital** as a visitor or outpatient. If you can, also wear a face covering in other places when it's hard to stay away from people, such as in shops.

It's important to get medical help if you need it, especially if you feel very unwell or think there's something seriously wrong.

- If you think you have [symptoms of coronavirus](#) and need medical advice, use the [NHS 111 online coronavirus service](#).
- If you need to contact a GP, use the GP surgery's website, use an [online service or app](#), or call the surgery.
- For urgent medical help, use the regular [NHS 111 online service](#), or call 111 if you're unable to get help online.
- For life-threatening emergencies call 999 for an ambulance.

If you're advised to go to hospital, it's important to go.

You can also ask for a test to check if you have the virus by clicking on [this link](#).

Information on HM Government's response can be found [on this link](#).

Guidance to help employers, employees and the self-employed understand how to work safely, can be found [on this link](#).

Guidance on Staying alert and safe (social distancing) [on this link](#).

Guidance for households with possible coronavirus (COVID-19) infection, can be found [on this link](#).



[@metpoliceuk](#) on the day for up to date police information across London.

[@PHEuk](#) and [@DHSCgovuk](#) for latest information from Public Health England and Department for Health and Social Care, respectively.